



**Luton All  
Women's Centre**  
Run by Women for Women

# HOPE

**Luton All Women's Centre**



## **A support group for women who have experienced childhood sexual abuse**

- The group will provide support and understanding for women
  - Facilitated by qualified counsellor
- This support group will enable women to share and explore their feelings in a safe and confidential setting

**Every week from 10:30am – 12:00pm  
at the Luton All Women's Centre**

**If you are interested in attending please call on 01582 416783**

### **Drop-in:**

### **Appointments:**

- One-to-One Support
- Freedom Programmes
- Counselling
- Domestic Abuse Support
- Support Groups
- Forced Marriage/Honour-based Violence Service
- Arts and Crafts, Sewing and Adult Education
- And much, much more!

**Mon – Fri 9:30am – 12:00pm**

**Mon – Fri 12:00pm – 4:00pm**

- Advice and Advocacy
- Coffee Mornings
- Parenting Support/Triple P Parenting
- Holistic Therapies
- Volunteering Opportunities

### **Luton All Women's Centre**

The Spires, Suite 2  
Adelaide Street, Luton  
Bedfordshire LU1 5BB

t: **01582 416783**

[www.lutonallwomenscentre.org.uk](http://www.lutonallwomenscentre.org.uk)



**Ministry of  
JUSTICE**

